

| Purpose :                                                                                                                                                                    | Candidate names |   |   |   |   |   |   |   |   |    |    |    |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|---|---|---|---|---|---|---|---|----|----|----|
|                                                                                                                                                                              | 1               | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| <b>To develop judgment and effective teamwork in responding to an aquatic emergency involving a submerged, non-breathing victim.</b>                                         |                 |   |   |   |   |   |   |   |   |    |    |    |
| <b>Must see</b>                                                                                                                                                              |                 |   |   |   |   |   |   |   |   |    |    |    |
| Quick, accurate recognition and appropriate assessment of situation - signal for help                                                                                        |                 |   |   |   |   |   |   |   |   |    |    |    |
| Effective communication between rescuers                                                                                                                                     |                 |   |   |   |   |   |   |   |   |    |    |    |
| Lowest risk rescue possible under circumstances and concern for personal safety throughout                                                                                   |                 |   |   |   |   |   |   |   |   |    |    |    |
| Appropriate choice and use of aid(s)                                                                                                                                         |                 |   |   |   |   |   |   |   |   |    |    |    |
| Safe and effective entry, approach and carry                                                                                                                                 |                 |   |   |   |   |   |   |   |   |    |    |    |
| Protection of victim's airway during ascent; mouth and nose maintained above the surface thereafter                                                                          |                 |   |   |   |   |   |   |   |   |    |    |    |
| Victim secured at the nearest point of safety                                                                                                                                |                 |   |   |   |   |   |   |   |   |    |    |    |
| Safe and effective team removal of victim                                                                                                                                    |                 |   |   |   |   |   |   |   |   |    |    |    |
| Contact with Emergency Medical Services (EMS) at earliest possible moment                                                                                                    |                 |   |   |   |   |   |   |   |   |    |    |    |
| Victim assessment (ABCs) and appropriate care - including effective use of barrier devices and ability to deal with complications - until rescues relieved of responsibility |                 |   |   |   |   |   |   |   |   |    |    |    |
| 5 cycles of CPR on a manikin                                                                                                                                                 |                 |   |   |   |   |   |   |   |   |    |    |    |
| <b>Does the candidate reach the item's purpose? ( ✓ or F)</b>                                                                                                                |                 |   |   |   |   |   |   |   |   |    |    |    |
| <b>General remarks</b>                                                                                                                                                       |                 |   |   |   |   |   |   |   |   |    |    |    |
|                                                                                                                                                                              |                 |   |   |   |   |   |   |   |   |    |    |    |
|                                                                                                                                                                              |                 |   |   |   |   |   |   |   |   |    |    |    |
|                                                                                                                                                                              |                 |   |   |   |   |   |   |   |   |    |    |    |
|                                                                                                                                                                              |                 |   |   |   |   |   |   |   |   |    |    |    |
|                                                                                                                                                                              |                 |   |   |   |   |   |   |   |   |    |    |    |

| Course information         |                            |
|----------------------------|----------------------------|
| <b>Date:</b> _____         | <b>Instructor:</b> _____   |
| <b>Location:</b> _____     | <b># member :</b> _____    |
| <b>Affiliation:</b> _____  | <b>Phone number:</b> _____ |
| <b>Phone number:</b> _____ |                            |

Notes

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