

CARDIOPULMONARY RESUSCIATION FOR HEALTHCARE PROVIDERS

4-6 HOURS TRAINING

SYLLABUS

Updated March 2025

LIFESAVING FIRST AID BOATING EDUCATION SWIMMING

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**PREVENT
DROWNING**

INTRODUCTION AND COURSE OBJECTIVES

The CPR for Health Care Providers (HCP) course includes CPR/AED Level "C" and Automated External Defibrillation (AED) training to enable the acquisition of individual skills to intervene effectively with an adult, child or infant victim in cardiopulmonary arrest and/or with an obstructed airway. In addition, the course teaches how to take a pulse while checking breathing, how to use a balloon mask depending on the size of the victim, and how to work as part of an effective team.

This course emphasizes high-quality CPR and teamwork. This course is designed for healthcare professionals and first responders.

This training also allows candidates to use an automated external defibrillator during situations prescribed by the *Regulation respecting the professional activities that may be engaged in within the framework of pre-hospital emergency services and care*.

LEARNING OUTCOMES

At the end of the course, the candidate will be able to:

- ☐ Recognize and define the six (6) links of the Chain of Survival™ and describe their own role in the Chain of Survival™;
- ☐ Recognize the controllable and non-controllable risk factors;
- ☐ High-performance teamwork ;
- ☐ Execute a primary assessment on an unconscious and conscious victim without complication;
- ☐ Demonstrate communication with emergency medical services (EMS);
- ☐ Perform cardiopulmonary resuscitation and airway disobstruction on different subjects (adult, child and/or toddler, depending on the chosen option) ;
- ☐ React to possible complications of resuscitation;
- ☐ Use an automatic external defibrillator;
- ☐ Checking breathing simultaneously with pulse measurement;
- ☐ Use of a balloon mask – adult and infant;
- ☐ Two-person intervention.

EVALUATION

Course evaluation is done on a progressive basis. The candidate will be evaluated throughout the exercises, activities, practice sessions or simulations.

COURSE DESCRIPTION

- | | |
|---------------------|--|
| Duration: | ☐ CPR for HCP – 4-6 hours |
| Mandatory material: | ☐ Manual CPR for HCP
☐ Pocket mask and gloves |
| Award validity: | ☐ 2 years |

PREREQUISITIES

None

ATTENDANCE

Candidates must attend and participate in all sessions to complete the course properly. It is the candidate's responsibility to keep up to date on and to make up any missed material.

ATTITUDES AND BEHAVIOUR

Respectful and safe behavior will be required throughout the training, otherwise the candidate may be refused access to the course.

COMPLAINTS UNDER THE HARASSMENT AND MISCONDUCT POLICY

The Lifesaving Society is committed to the well-being of Quebec's athletes and sport stakeholders and wants them to be able to thrive in their sport, work, or teaching environment, regardless of their level or role. Athletes, coaches, officials, employees, and volunteers have the right to participate in sport in a healthy, safe, open, and inclusive training, work, and competition environment, free from all forms of abuse, harassment, and discrimination. Creating this safe environment is a responsibility shared by all.

In order to take a clear stance against violence and to take the means to assume their responsibilities, the Lifesaving Society is committed to implementing:

- An integrity protection policy, including an independent complaint management mechanism for situations of abuse, harassment, neglect or violence;
- A policy of criminal record checks (screening), which will apply to all directors, staff and those, such as volunteers, who act on their behalf, both in their interpersonal relations and with members;
- Awareness-raising, information and training measures on the subject of integrity protection.

Here is some important reference information:

- [Harassment and misconduct policy](#) (in French only)
- [I file a complaint platform](#) (in French only)

An independent officer has been appointed to manage complaints of abuse, harassment, neglect or sexual violence or other nature. Complaints can be filed using the online form available at the link below:



ABUSES, HARASSMENT, NEGLECT AND VIOLENCE



ADMINISTRATIVE COMPLAINT

POLICY, RULES, AND PROCEDURES REGARDING THE PROTECTION OF THE INTEGRITY

The Lifesaving Society is following in the footsteps of sports federations recognized by the Quebec government, by adopting a [Policy, Rules and Procedures for the Protection of Integrity](#).

At their last meeting, the Board of Directors adopted a resolution containing the Policy, rules and procedures for the protection of integrity.

We invite you to familiarize yourself with it, and to share the various visuals of the awareness campaign in the Policies section of the [Positions | Policies | Codes page](#).

ADMINISTRATION

The Lifesaving Society is a non-profit organization that relies on the commitment, dedication and professionalism of its instructors and affiliate members (organizations). The Lifesaving Society develops its training programs in consultation with its medical committee and various national and international bodies, including the International Lifesaving Federation.

Successful completion of this training will enable you to obtain an award issued by the Lifesaving Society, recognized by government authorities. Once your instructor or affiliate member has submitted the results to the Lifesaving Society, the Society will send you your award within 10 working days.

As soon as you receive your award, you must check that the information on it is correct. In the event of an error, you have 3 months following the examination date to contact the Lifesaving Society to make the necessary changes.

If you have any comments, questions or suggestions, or simply want to get involved in one of our programs, please don't hesitate to contact us.

CONTACT

Course manager
(affiliate member) : _____

Phone : _____ Email : _____

Contact information : _____

****IMPORTANT NOTICE****

FOR ALL TECHNICAL QUESTIONS, THE CERTIFIED INSTRUCTOR TEACHING THE COURSE MUST ALWAYS REFER YOU TO THE OFFICIAL DOCUMENTATION OF THE *LIFESAVING SOCIETY*

You wish to develop your knowledge?

Consult the **FIRST AID** section of our website and explore all the available possibilities!

www.sauvetage.qc.ca

Course content	CPR for Health Care Provider
<i>The description of each item can be found in the Guide des certificat Premiers soins.</i>	
Item 1 – Standard first aid principles	✓
Item 2 – Legal aspects of an intervention	✓
Item 5 – Communication with the EMS	✓
Item 8 – Primary assessment	✓
Item 10 – Chain of survival ^{MD}	✓
Item 11a – Resuscitation techniques – Adult, child and infant	✓
Item 11b – Rescue breathing & balloon mask (HCP)	✓
Item 12 - Airway obstruction – Conscious adult, child and infant	✓
Item 13 - Airway obstruction – Unconscious adult, child and infant	✓
Item 14 – Rescue breathing complications	✓
Item 15 – AED knowledge: use and operation	✓
Item 16 – AED and two-rescuer CPR	✓
Item 19a – Cardiovascular emergencies	✓