BRONZE MEDALLION (15H)

10 Sessions

		Course											
Item	Description	1	2	3	4	5	6	7	8	9	10	Exam	Total
0	Administration	10				10					10		30
1	The Lifesaving Society	5			5				5				15
2	Drowning Chain of Survival	10					10			10	5		35
3	Rescue process		20			10			10				40
4	Cold water		20				10			10			40
5	Self-rescue					10	10			15			35
6	Swimming and lifesaving strokes	15			15			15			15		60
7	Victim recognition			10	5				5				20
8	Entries and removals	15	15		15								45
9	Defenses and releases			15			15		15				45
10	Tows and carries		15	10		10							35
11	Search	20			10				10				40
12	Submerged victim recovery	15			15			10		10			50
13	Drowning resuscitation		5	5	5	5	10	15					45
14	Rescue drill : approach and carry			15			15			15			45
15	Endurance challenge		15			15			15				45
16	Risk assessment and response			15		10		10					35
17	Rescue 1 : from land					20		20	10		20	30	100
18	Rescue 2 : open water			20			20		20	10	20	30	120
19	Rescue 3 :				20			20		20	20	30	110
		90	90	90	90	90	90	90	90	90	90	90	990