

PILOT PROJECT

Reexam Training – National Lifeguard

To whom it may concern,

If one or more items in the initial National Lifeguard training (pool or waterfront option) are failed, it is possible for the candidate to take part in a pilot project for Reexam (before December 31, 2025). During Reexam, all National Lifeguard training items will be re-evaluated by a National Lifeguard Instructor. Candidates are advised to attend a few hours of the last class before taking the exam, which they will join to practice. It is also important to practice the items that were not successful, to be fully prepared.

Entry requirements

- 15 years of age and a Bronze Cross certification
- A Standard First Aid award
- Completion of 100% of the National Lifeguard course

How to apply

Registration

Contact an affiliate member or a National Lifeguard Instructor to participate in a Reexam with another group or recertification. Please note that Reexam participants will need to plan extra time and companions (victims and alike) to be assessed on the missing items (not assessed during a recertification or exam).

Preparation

- Obtain approval for Reexam from the Lifesaving Society's Program Coordination (coordo_programmes@sauvetage.qc.ca)
- Confirm registration, location and functioning with the affiliate and the Lifesaving Society
- Review and practice items failed during initial training
- Review and practice all subjects and items seen during training