



Lifeguard situation : single guard

September 2022

National Lifeguard

Item 12a

Pool option

Learning outcome

The candidate demonstrates appropriate judgment, skill and fitness while responding to emergencies in a pool environment.

Must see

Effective lifeguard positioning

Effective observation skills and scanning techniques

Timely recognition and appropriate response

Leadership in the management of the situation

Effective communication with auxiliary staff, victim, patrons, bystanders

Appropriate selection and effective demonstration of rescue techniques and use of equipment

Effective use of barrier devices (such as pocket mask, gloves) where appropriate

Appropriate first aid treatment if required

Accurate communication with EMS (if appropriate) at earliest possible moment

Continued safety supervision of other patrons throughout or water cleared

Concern for good public relations

Accurate following and appropriate follow-up

Has the candidate succeed? (✓ ou F)

General remarks

Course information

Date: _____ Instructor : _____
 Location : _____ Member # : _____
 Affiliation: _____ Phone number : _____
 Phone number : _____

Remarks

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