LIFESAVING SOCIETY

Obstructed airway

Unconscious patient

Resuscitation

Purpose:

To clear airway obstruction and restore normal breathin to an unconscious patient.

	Candidates' Names											
	1	2	3	4	5	6	7	8	9	10	11	12
Must See												
Assesment of environment for hazards												
Establish unresponsiveness												
Activate Emergency Medical System (EMS): Phone or send bystander before continuing												
Attempt to obtain AED and recruit AED-trained responder												
Open airway												
Check for breathing: look, listen, feel (no more than 10 sec.)												
If breathing is absent, 2 rescue breaths: observe chest rise												
If the first breath does not make the chest rise, reposition the airway before attempting the second rescue breath												
After 2 attempts moves to the next step whether chest rise occurs or not												
CPR: 30 compressions / 2 rescue breaths												
Foreign body check: look in mouth and if object can be seen, attempt to remove it												
Repeat sequence until successful (reposition head, re-attempt to ventialte, chest compressions, foreign body check)												
Risky actions												
To move the patient abruptly for no reason												
To compress the chest on the xiphoid process												
Not using barrier devices												
Other:												
	1	2	3	4	5	6	7	8	9	10	11	12
Does the candidate meet the item's purpose ? (✓or F)												

Instructor questions	**General notes:**
Did the candidate put in danger :	
- His/her life ?	
- The patient's life ?	
Did the candidate commit a risky action?	
Did the candidate demonstrate the Must Sees?	
Did the candidate treat more serious injuries first?	

Course information

Date: _____ **Instructor:** _____

Location: _____ **# member:** _____

Affiliation: _____ **Phone number:** _____

Phone number: _____

Reference: Award Guides National Lifeguard and Emergency Care

Remarques

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