LIFESAVING SOCIETY

Obstructed airway

Conscious adult or child

Resuscitation

Purpose:

To enable lifesavers to recognize a conscious infant with an obstructed airway and to perform appropriate lifesaving techniques.

	Candidates' Names											
	1	2	3	4	5	6	7	8	9	10	11	12
Must See												
Assesment of environment for hazards												
Approach and introduce yourself as a trained lifesaver												
Assessment of degree of obstruction—ask "Are you choking?"												
Mild obstruction												
Coughing encouraged												
Reassurance for patient												
Severe obstruction												
Shout for help												
Put on gloves as quickly as the situation permits												
Careful landmarking (just above the navel)												
Repeated abdominal thrusts until the airway is clear												
Chest thrusts for a pregnant or obese patient												
If successful, direct the patient to go to a hospital to rule out complications from the obstruction or the abdominal thrusts												
Risky actions												
To move the patient abruptly for no reason												
To compress the chest on the xiphoid process												
Other:												
	1	2	3	4	5	6	7	8	9	10	11	12
Does the candidate meet the item's purpose ? (✓or F)												

Instructor questions	**General notes:**
Did the candidate put in danger :	
- His/her life ?	
- The patient's life ?	
Did the candidate commit a risky action?	
Did the candidate demonstrate the Must Sees?	
Did the candidate treat more serious injuries first?	

Course information

Date: _____ **Instructor:** _____

Location: _____ **# member:** _____

Affiliation: _____ **Phone number:** _____

Phone number: _____

Reference: Award Guides National Lifeguard and Emergency Care

Remarques

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