



Management of a spinal injured victim

September 2022

National Lifeguard

Item 11c

Pool option

Learning outcome

The candidate demonstrates effective individual skills in the management of **breathing** and **non-breathing** spinal-injured victim.

Candidates' name

1 2 3 4 5 6 7 8 9 10 11 12

Must see

Quick recognition and immediate response

Safe and appropriate entry with and without an aid

Motion of victim's spine restricted during roll-over (if required and throughout)

Victim's airway supported above surface

Safe and effective removal with assistance

Effective communication with other lifeguards, victim, patrons, bystanders

Effective use of barrier devices (such as pocket mask, gloves)

ABC assessment (see Appendix A for Must Sees)

Breathing victim : stabilization on spineboard or other appropriate device

Non-breathing victim : immediate removal from water and initiation of resuscitation

EMS activated at earliest possible moment

ABC reassessment and ability to deal with complications (such as airway obstruction, vomiting and gastric distension)

Secondary assessment

Dangerous actions

Dangerous entry (waves while entering)

Sudden movement during management or removal

Unstable roll-over

Bad management of complications

Other:

1 2 3 4 5 6 7 8 9 10 11 12

Has the candidate succeed? (✓ ou F)

Questions for the instructor

Has the candidate put in danger ?

- His life ?

- The victim's life?

Has the candidate done a dangerous action ?

Has the candidate succeed all Must Sees?

Has the candidate respected the priority of injuries ?

General remarks:

Course information

Date: _____

Location : _____

Affiliation: _____

Phone number : _____

Instructor : _____

Member # : _____

Phone number : _____

Remarks	
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