SOCIÉTÉ DE SAUVETAGE

EMERGENCY FIRST AID/AED – EARLY CHILDHOOD

8 HOUR COURSE

LESSON PLAN

Updated on July 2014

SAUVETAGE SECOURISME NAUTISME ÉDUCATION

4545, av. Pierre-De Coubertin, Montréal (Québec) H1V 0B2
Tél. : 514 252-3100 / 1 800 265-3093 • Téléc. : 514 254-6232
www.sauvetage.qc.ca • alerte@sauvetage.qc.ca
Organisme de charité enregistré : 10479 7212 RR0001

PRÉVENIR LA NOYADE

COURSE INTRODUCTION AND OBJECTIVES

The Emergency First Aid/AED – Early Childhood course aims to prepare child care workers to endorse a first responder role in an emergency situation requiring specific notions of first aid for young children. Candidates will provide basic first aid in order to immobilize an injury while waiting for the emergency response services. Candidates will also learn to use an automated external defibrillator and to administer adrenalin by using an auto-injector* in any situation described in the *Regulation respecting the professional activities that may be engaged in within the framework of pre-hospital emergency services and care*.

This training also prepares candidates to play a preventive role by teaching them how to quickly recognize abnormal signs and symptoms and to apply the required measures.

This course adapted for child care workers meets the *Educational Childcare Regulation*'s requirements.

* Content of the MSSS Anaphylaxis Rescuers course (1.5 h) must be taught in this course.

LEARNING OBJECTIVES

At the end of the course, candidates will be able to:

- ❑ Recognize and define the five (5) links in the Chain of Survival™;
- ❑ Describe their role within the Chain of Survival™;
- ❑ Recognize the controllable and uncontrollable risk factors;
- ❑ List three (3) signs and symptoms of angina / heart attack;
- ❑ List three (3) signs and symptoms of a stroke / transient ischemic attack;
- ❑ List the four (4) steps of the prehospital intervention protocol;
- ❑ Explain article 2 of the *Charter of Human Rights and Freedom,* article 1471 of the *Civil Code of Quebec* and the *Civil Responsibility System of Quebec*;
- ❑ Carry out a primary assessment of a conscious victim and an unconscious victim without complication;
- ❑ Describe the procedure that must be applied when calling the emergency response services (EMS);
- ❑ Carry out cardiopulmonary resuscitation (CPR) and clear airway obstructions in a child and an infant;
- ❑ React to possible resuscitation complications;
- ❑ Use an automated external defibrillator (AED);
- ❑ Provide basic treatments for bleeding;
- ❑ Name three (3) signs and symptoms of shock;
- ❑ Provide basic treatment to someone who has fainted or who is in shock;
- ❑ Recognize signs and symptoms of severe allergic reactions;
- ❑ Apply epinephrine administration protocols to a victim known to be allergic.

EVALUATION

The evaluation for this course will be done progressively. Candidates will be evaluated through exercises, activities, practical sessions and practical situations.

COURSE DESCRIPTION

Time required:	❑ 8 hours
Required material:	❑ Canadian First Aid Manual
	❑ Pocket mask and gloves
Certificate validity:	❑ 3 years

PREREQUISITES

To be at least 14 years old. A 10 question pretest regarding the administration of epinephrine must be completed before the course. In order to successfully complete the course, participants will be required to perform specific in-class exercises.

ATTENDANCE

Attendance and active participation to the whole course are required in order to successfully complete the training and receive a certification. Candidates must attend to at least 90% of the training in order to receive the certification. It is the candidate's responsibility to update and recover missed lessons due to an absence.

ATTITUDE AND BEHAVIOUR

A respectful and safe behaviour is required throughout the course; otherwise, candidates can be expelled from the course.

ADMINISTRATION

The Lifesaving Society is a non-profit organization that relies on its instructors and affiliate members' involvement, dedication and professionalism. The Lifesaving Society develops its courses in collaboration with a medical committee and various national and international authorities, including the International Lifesaving Federation.

After successfully completing this course, candidates receive a Lifesaving Society award recognized by government authorities. The Lifesaving Society commits to sending the award within 10 business days after having received the candidates' results from the instructor or affiliate member.

As soon as you receive your award, you need to make sure your personal information is accurate; if it is not, you must contact the Lifesaving Society within 3 months after the exam date to make the required modifications.

Do not hesitate to contact us for any comment, suggestion or question, or to learn about how to get involved in one of our programs.

CONTACTS

Course instructor: _____

Phone: _____ E-mail: _____

Course instructor: _____

Phone: _____ E-mail: _____

Course manager (affiliate member): _____

Phone: _____ E-mail: _____

Contact information:

***IMPORTANT NOTICE ***

THE ACCREDITED INSTRUCTOR TEACHING THE COURSE SHOULD ALWAYS REFER CANDIDATES TO OFFICIAL DOCUMENTS PRODUCED BY THE LIFESAVING SOCIETY FOR ANY TECHNICAL QUESTION.

Feeling like broadening your knowledge?

Visit our Web site's FIRST AID section and discover our numerous trainings!
www.sauvetage.qc.ca

LIFESAVING SOCIETY

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EMERGENCY FIRST AID/AED – EARLY CHILDHOOD COURSE CONTENT

GENERAL ITEMS

Item 1	First aid basic principles
Item 2	Anatomy and physiology
Item 3	Legal aspects of an intervention
Item 6	Communications with the emergency response services
Item 7	Prehospital assessment
Item 8	Primary assessment

RESUSCITATION

Item 10	Chain of Survival™
Item 11	Resuscitation techniques – Child and infant
Item 12	Airway obstruction – Conscious child and infant
Item 13	Airway obstruction – Unconscious child and infant
Item 14	Rescue breathing complications or specific situations
Item 15	AED functions and knowhow
Item 16	AED protocol for one and two rescuers

MEDICAL PROBLEMS

Item 17	Shock / fainting
Item 19A	Cardiovascular emergencies
Item 19B	Respiratory emergencies

TRAUMAS

Item 21	Bleeding

SPECIFIC ITEMS

Item 24a	Sport & Recreative – Prevention
Item 24b	Sport & Recreative – Intervention
	Practice
	Specific situations
	Scenarios

OTHER ITEMS

Ministère de la Santé et des Services sociaux	*Administrating epinephrine for acute anaphylactic type allergic reactions: People known to be allergic – 1.5 hour* (also known as *Management of severe allergic reactions* in the *Educational Childcare Regulation).*