SOCIÉTÉ DE SAUVETAGE

CARDIOPULMONARY RESUSCITATION/AED - A

3 TO 4 HOURS COURSE

LESSON PLAN

Updated on August 2014

SAUVETAGE SECOURISME NAUTISME ÉDUCATION

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Organisme de charité enregistré : 10479 7212 RR0001

PRÉVENIR LA NOYADE

COURSE INTRODUCTION AND OBJECTIVES

The Cardiopulmonary Resuscitation/AED – A course allows candidates to gain the individual skills required for an efficient intervention directed at an adult victim in cardiopulmonary arrest and/or whose airways are blocked.

This course also teaches candidates to use an automated external defibrillator in any situation described in the *Regulation respecting the professional activities that may be engaged in within the framework of pre-hospital emergency services and care*.

LEARNING OBJECTIVES

At the end of the course, the candidate will be able to:

- ❑ Recognize and define the five (5) links in the Chain of Survival™;
- ❑ Recognize the controllable and uncontrollable risks factors;
- ❑ Explain the legal framework of first aid;
- ❑ Carry out a primary assessment of an unconscious victim without complications;
- ❑ Describe the procedure that must be applied when calling for the emergency response services;
- ❑ Carry out cardiopulmonary resuscitation (CPR) and clear airway obstructions on an adult;
- ❑ React to possible resuscitation complications;
- ❑ Use an automated external defibrillator.

EVALUATION

The evaluation for this course will be done progressively. Candidates will be evaluated through exercises, activities, practical sessions and practical situations.

COURSE DESCRIPTION

Time required:	❑ 3 to 4 hours
Required material:	❑ First Aid Booklet
	❑ Pocket mask and gloves
Certificate validity:	❑ 2 years

PREREQUISITES

Be at least 14 years old. In order to successfully complete the course, participants will be required to perform specific in-class exercises.

ATTENDANCE

Attendance and active participation to the course are required in order to successfully complete the training and receive a certification. Candidates must attend to at least 90 % of the training in order to receive the certification.

ATTITUDE AND BEHAVIOUR

A respectful and safe behaviour is required throughout the course; otherwise, candidates can be expelled from the course.

ADMINISTRATION

The Lifesaving Society is a non-profit organization that relies on its instructors and affiliate members' involvement, dedication and professionalism. The Lifesaving Society develops its courses in collaboration with a medical committee and various national and international authorities, including the International Lifesaving Federation.

After successfully completing this course, candidates receive a Lifesaving Society award recognized by government authorities. The Lifesaving Society commits to sending the award within 10 business days after having received the candidates' results from the instructor or affiliate member.

As soon as you receive your award, you need to make sure your personal information is accurate; if it is not, you must contact the Lifesaving Society within 3 months after the exam date to make the required modifications.

Do not hesitate to contact us for any comment, suggestion or question, or to learn about how to get involved in one of our programs.

CONTACTS

Course instructor: _____

Phone: _____ E-mail: _____

Course instructor: _____

Phone: _____ E-mail: _____

Course manager (affiliate member): _____

Phone: _____ E-mail: _____

Contact information:

***IMPORTANT NOTICE ***

THE ACCREDITED INSTRUCTOR TEACHING THE COURSE SHOULD ALWAYS REFER CANDIDATES TO OFFICIAL DOCUMENTS PRODUCED BY THE LIFESAVING SOCIETY FOR ANY TECHNICAL QUESTION.

Feeling like broadening your knowledge?

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www.sauvetage.qc.ca

LIFESAVING SOCIETY

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CPR/AED – A COURSE CONTENT

GENERAL ITEMS

Item 2	Anatomy and physiology
Item 3	Legal aspects of an intervention
Item 6	Communications with the emergency response services
Item 8	Primary assessment

RESUSCITATION

Item 10	Chain of Survival™
Item 11	Resuscitation techniques – Adult
Item 12	Airway obstruction – Conscious adult
Item 13	Airway obstruction – Unconscious adult
Item 14	Rescue breathing complications or specific situations
Item 15	AED functions and knowhow
Item 16	AED protocol for one and two rescuers

MEDICAL PROBLEMS

Item 19A	Cardiovascular emergencies