SOCIÉTÉ DE SAUVETAGE

ANAPHYLAXYS RESCUERS

1.5 HOUR COURSE

LESSON PLAN

Updated on August 2014

SAUVETAGE SECOURISME NAUTISME ÉDUCATION

4545, av. Pierre-De Coubertin, Montréal (Québec) H1V 0B2
Tél. : 514 252-3100 / 1 800 265-3093 • Téléc. : 514 254-6232
www.sauvetage.qc.ca • alerte@sauvetage.qc.ca
Organisme de charité enregistré : 10479 7212 RR0001

PRÉVENIR LA NOYADE

COURSE INTRODUCTION AND OBJECTIVES

This 1.5 hour course prepares candidates to recognize anaphylactic reactions and rapidly administer epinephrine to a victim who is known allergic by using an auto-injector. This training is recognized by the Regulation respecting the professional activities that may be engaged in within the framework of pre-hospital emergency services and care. Candidates will learn, through pratical situation scenarios, to identify anaphylaxis triggering factors and to recognize signs and symptoms of a severe allergic reaction in order to properly apply the decision-making process and administer epinephrine.

LEARNING OBJECTIVES

At the end of the training, the candidate will be able to:

- ❑ Understand the legal context of anaphylactic interventions;
- ❑ Know the first aider's and the organization's roles and responsibilities;
- ❑ Understand the causes and mechanisms of anaphylaxis;
- ❑ Know the symptoms and signs required to recognize an anaphylactic reaction;
- ❑ Know the epinephrine administration protocols for a victim who is known allergic;
- ❑ Know the action mechanisms and side effects of epinephrine;
- ❑ Select the right dose according to the person's weight;
- ❑ Know how to use the auto-injector.

EVALUATION

The evaluation for this course will be done progressively. Candidates will be evaluated through exercises, activities, practical sessions and practical situations.

COURSE DESCRIPTION

Time required:	❑ 1.5 hour
Required material:	❑ Canditate pretest
	❑ Printed version of the Power Point presentation
Certificate validity:	❑ 3 years

PREREQUISITES

To be at least 14 years old and to hold a CPR–A award[1] or any equivalent certification. A 10 question pretest regarding the administration of epinephrine must be completed before the course. In order to successfully complete the course, participants will be required to perform specific in-class exercises.

ATTENDANCE

Attendance and participation to the whole course are required in order to successfully complete the training and receive a certification. Candidates must attend to at least 90% of the training in order to receive the certification.

ATTITUDE AND BEHAVIOUR

A respectful and safe behaviour is required throughout the course; otherwise, candidates can be expelled from the course.

ADMINISTRATION

The Lifesaving Society is a non-profit organization that relies on its instructors and affiliate members' involvement, dedication and professionalism. The Lifesaving Society develops its courses in collaboration with a medical committee and various national and international authorities, including the International Lifesaving Federation.

[1] The Lifesaving Society's Bronze levels (Medallion and Cross) and National Lifeguard courses are accepted as prerequisite for this class.

After successfully completing this course, candidates receive a Lifesaving Society award recognized by government authorities. The Lifesaving Society commits to sending the award within 10 business days after having received the candidates' results from the instructor or affiliate member.

As soon as you receive your award, you need to make sure your personal information is accurate; if it is not, you must contact the Lifesaving Society within 3 months after the exam date to make the required modifications.

Do not hesitate to contact us for any comment, suggestion or question, or to learn about how to get involved in one of our programs.

CONTACTS

Course instructor: _____

Phone: _____ E-mail: _____

Course manager (affiliate member): _____

Phone: _____ E-mail: _____

Contact information:

*****IMPORTANT NOTICE *****

THE ACCREDITED INSTRUCTOR TEACHING THE COURSE SHOULD ALWAYS REFER CANDIDATES TO OFFICIAL DOCUMENTS PRODUCED BY THE LIFESAVING SOCIETY FOR ANY TECHNICAL QUESTION.

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www.sauvetage.qc.ca

LIFESAVING SOCIETY

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ANAPHYLAXYS RESCUERS 1.5 HOUR TRAINING SCHEDULE

INTRODUCTION AND ADMINISTRATION

Candidate and Instructor presentation
Presentation of the course's objectives
Presentation of the course schedule

ANAPHYLACTIC TYPE ALLERGIC REACTIONS

Power Point presentation
Using auto-injectors
Pretest correction

PRACTICAL STATIONS

Scenarios

CONCLUSION

Questions & conclusion