SOCIÉTÉ DE SAUVETAGE

# AUTOMATED EXTERNAL DEFIBRILLATION

## 3 TO 4 HOURS COURSE

## LESSON PLAN

Updated on August 2014

SAUVETAGE SECOURISME NAUTISME ÉDUCATION

4545, av. Pierre-De Coubertin, Montréal (Québec) H1V 0B2
Tél. : 514 252-3100 / 1 800 265-3093 • Téléc. : 514 254-6232
www.sauvetage.qc.ca • alerte@sauvetage.qc.ca
Organisme de charité enregistré : 10479 7212 RR0001

PRÉVENIR LA NOYADE

## COURSE INTRODUCTION AND OBJECTIVES

The Automated External Defibrillation course allows candidates to gain the skills required for re-establishing the cardiac rhythm of a victim with no pulse by combining an automated external defibrillator and cardiopulmonary resuscitation.

This course also teaches candidates to use an automated external defibrillator in any situation described in the *Regulation respecting the professional activities that may be engaged in within the framework of pre-hospital emergency services and care*.

## LEARNING OBJECTIVES

At the end of the course, the candidate will be able to:

- ❑ Recognize and define the five (5) links in the Chain of Survival™;
- ❑ Recognize the controllable and uncontrollable risks factors;
- ❑ Explain the legal framework of first aid;
- ❑ Carry out cardiopulmonary resuscitation (CPR) on an adult and/or child
- ❑ Describe the procedure that must be applied when calling for the emergency response services (EMS);
- ❑ React to possible resuscitation complications;
- ❑ Use an automated external defibrillator (AED) for one and two rescuers.

## EVALUATION

The evaluation for this course will be done progressively. Candidates will be evaluated through exercises, activities, practical sessions and practical situations.

## COURSE DESCRIPTION

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|---|---|
| Time required: | ❑ 3 to 4 hours |
| Required material: | ❑ First Aid Booklet |
| | ❑ Pocket mask and gloves |
| Certificate validity: | ❑ 2 years |

### PREREQUISITES

Current CPR or First Aid course or any current livesaving award (Bronze Medallion or higher). In order to successfully complete the course, participants will be required to perform specific in-class exercises.

### ATTENDANCE

Attendance and active participation to the course are required in order to successfully complete the training and receive a certification Candidates must attend to at least 90 % of the training in order to receive the certification.

### ATTITUDE AND BEHAVIOUR

A respectful and safe behaviour is required throughout the course; otherwise, candidates can be expelled from the course.

## ADMINISTRATION

The Lifesaving Society is a non-profit organization that relies on its instructors and affiliate members' involvement, dedication and professionalism. The Lifesaving Society develops its courses in collaboration with a medical committee and various national and international authorities, including the International Lifesaving Federation.

After successfully completing this course, candidates receive a Lifesaving Society award recognized by government authorities. The Lifesaving Society commits to sending the award within 10 business days after having received the candidates' results from the instructor or affiliate member.

As soon as you receive your award, you need to make sure your personal information is accurate; if it is not, you must contact the Lifesaving Society within 3 months after the exam date to make the required modifications.

Do not hesitate to contact us for any comment, suggestion or question, or to learn about how to get involved in one of our programs.

CONTACTS

Course instructor: _____

Phone: _____ E-mail: _____

Course manager (affiliate member): _____

Phone: _____ E-mail: _____

Contact information:

***IMPORTANT NOTICE ***

THE ACCREDITED INSTRUCTOR TEACHING THE COURSE SHOULD ALWAYS REFER CANDIDATES TO OFFICIAL DOCUMENTS PRODUCED BY THE LIFESAVING SOCIETY FOR ANY TECHNICAL QUESTION.

# Feeling like broadening your knowledge?

Visit our Web site's FIRST AID section and discover our numerous trainings!
www.sauvetage.qc.ca

LIFESAVING SOCIETY
4545, av. Pierre-De Coubertin, Montréal, QC, H1V 0B2
514 252-3100 and 1 800 265-3093

# AUTOMATED EXTERNAL DEFIBRILLATION COURSE CONTENT

## GENERAL ITEMS

| | |
|---|---|
| Item 2 | Anatomy and physiology |
| Item 8 | Primary assessment |

## RESUSCITATION

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|---|---|
| Item 10 | Chain of Survival™ |
| Item 11 | Resuscitation techniques (review) |
| Item 15 | AED functions and knowhow |
| Item 16 | AED protocol for one and two rescuers |